



Fee Breakdown

Uniform: \$175 - REQUIRED

October

Female uniforms include a short sleeve top, as well as a skirt with built in briefs. Male uniforms include a short sleeve, as well as pants. If your athlete needs a full uniform or individual pieces (i.e. just the female top), please let our secretary know by October 15th.

Team Bow: \$35

October

If your athlete needs team bow, please place your order by October 15th.

Practice Wear: \$65 – \$85

October

Practice wear is NOT required, but is available for purchase. You may choose your pieces (tank, sports bra, and shorts). If you would like to order any pieces, please let our secretary know by October 15th.

Additional Optional Items:

- Backpack: \$125
- Make-up Bag \$25
- Warm-up jacket: \$80
- Warm-up pants: \$55

Pro Shop:

Additional gym branded items can be found in our pro shop.



Fundraising & Sponsorships:

We offer a variety of fundraising opportunities throughout the season. Your fundraising profit posted to your account. This involves extra work outside of cheer. However, we have seen people pay for their whole year of cheerleading through fundraising! Any SURPLUS of credits from FUNDRAISERS are **non-refundable** and will be applied and used toward the benefit of Cheer FX All-Star teams, events, and merchandise. It will NOT turn into income for our staff.

A sample sponsorship letter can be found on our website (only accessible with login) under the documents tab.



Holidays/Breaks

Cheer FX is an 8-month program. We will begin meeting and practicing in September and continue through the month of April. Athletes are expected to attend all competitions as a team. We realize many children and young adults are involved in a variety of activities; however, we cannot make exceptions for schedule conflicts. We expect top priority and 100% commitment and attendance.

The following dates are available holidays and vacations for the 2024-2025 season:

- Labor Day: September 1st
- Thanksgiving Break: November 25th – 27th
- Christmas/New Year Break: December 22nd – January 1st
- Spring Break: March 9th – 12th

Other Important Dates:

- Paperwork due by November 1st
- USASF Registration by November 1st

*****Please review the 2025-2026 Calendar for a complete breakdown of our team schedule this season.*****



Parent Policies

Communication:

As a parent, you will receive information in several ways, such as emails or texts from your Team Mom. You can also check www.fullfx.org for new updates as well. Please also follow us on all social media outlets to stay up-to-date on all information.

Facebook: Cheer FX



Instagram: @cheerfx_avalanche



Practices:

Parents/friends are asked to stay in the lobby and not to come into the training area. We want your child to get the most out of every practice. In order for this to happen, we need their full attention. If there are distractions, the whole team is affected and it may also become a safety issue. Coaches may close practices at any time for any reason. If a parent or anyone is observed speaking negatively about a team, coach, parent or cheerleader, he/she will be talked to and/or asked to leave. If this kind of behavior continues to be an issue, the child may be removed from the team.

Transportation:

All transportation/accommodations to competitions are solely the responsibility of each family. We will make every effort to provide information in a timely manner so that you can properly prepare. However, missing practices because you are traveling to/from a competition is not acceptable.

Parental Support:

- We encourage ALL parents to sit together and support ALL Cheer FX teams.
- Parents are also encouraged to show support wearing Cheer FX clothing to competitions.
- Showing respect for the coaching staff, other teams and hosting organizations is expected, as you are there representing Cheer FX and your child.



Team & Athlete Policies

Practice & Absences:

Attendance is crucial to team success. If you need to request an absence, please let your team mom know, so she can inform the coach. If your request for absence is denied and you still choose to miss, a \$25 fee will be charged to your account. **Throughout the season, particularly the 2 weeks prior to competition, we will have No Absence Weeks. During a No Absence Week, there are no absences allowed, and missing a practice during this time, will result in a \$50 fine and/or may result in the athlete being replaced or removed from the team.**

****There are no excused absences from a competition****

No jewelry of any kind is allowed. This includes earrings, necklaces, rings, watches, etc. Do NOT get a new piercing during the competition season. If they do, it will be removed for competition – NO EXCEPTIONS. We are not responsible for any jewelry left at the gym or competition.

IMPORTANT:

If an injury should occur that results in the athlete's inability to perform or participate on our team, your spot is open to be replaced. If replaced, you must earn your spot back. Similarly, if you have a mental block, are late 3 times, miss more than 3 cheer practices, or miss tumbling classes more than 6 times, your spot is open to be replaced, and if replaced, you must earn your spot back. Additionally, your replacement changes your athlete status to alternate. Alternates are still expected to attend all practices and competitions. No refunds will be given.

Competitions:

Some competitions may require us to compete on a week day and/or may require your athlete to miss part/full day of school. When selecting competitions, this is something we take into consideration. We will strive to keep our athletes from missing as much school as possible, but sometimes it is inevitable.

You are expected to arrive at competition ON TIME based on the "meet time" given by your team mom. Every athlete must be in full uniform from head to toe. This means clean uniform top and bottom, hair properly done with your team bow, full make-up, white no show socks, clean white cheer shoes and no jewelry, gum, or polish. Appropriate undergarments should be worn at all times so as not to distract from the uniform design.

Failure to report ON TIME will now result in a \$25 fee if 15-30 minutes late, and an additional \$15 fee for each additional 30 minutes late. (i.e. if you are 15 to 30 minutes late, you receive a \$25 charge. If you are 31 minutes to 1 hour late, you receive a \$40 charge. If you are 61 minutes late to 90 minutes late, you receive a \$55 charge, etc.).

For awards, athletes should look "performance ready." This means no backpacks, cell phones, or t-shirts. Athletes should be in full hair and make-up and look as if they are about to take the floor to compete. Athletes must attend awards ceremonies pertaining to their team. Failure to attend awards will now result in a \$50 fine.

Private Lessons:

As a member of the Cheer FX All-Star Team Program, you will not be allowed to participate in classes and/or private lessons with a coach that is not employed by FX. If you are interested in additional instruction, please let our secretary know and she can have the appropriate coach reach out to you.



Practice Schedule

Monday:

Snow Flurries 4:45pm – 5:30pm

Sleet 5:30pm – 7:30pm

Subzero 7:15pm – 9:00pm

Tuesday:

Mini Blizzards 4:30pm – 6:00pm

Frozen Fury 5:45pm – 7:30pm

Arctic Rush 7:15pm – 8:45pm

Wednesday:

Shiver 4:30pm – 5:30pm

Sleet 5:30pm – 7:00pm

Subzero 7:00pm – 8:30pm

Thursday:

Mini Blizzards 4:30pm – 6:00pm

Frozen Fury 5:45pm – 7:15pm

Arctic Rush 7:00pm – 8:45pm

Practice Attire:

Athletes should wear attire that is comfortable and easy to move in.



Competition Schedule

December 12-14, 2025	Encore	Houston, Texas	George R. Brown Conv. Center
January 10-11, 2026	Cheer Power	Galveston, Texas	Moody Gardens
February 8, 2026	Jamfest	Beaumont, Texas	Ford Park
March 28, 2026	One Up	Rosenberg, Texas	Fort Bend Epicenter
April 11-12, 2026	US Finals	Galveston, Texas	Moody Gardens
	Show Offs	Port Arthur, Texas	Full FX Tumbling & Cheerleading
	Banquet		



Program Rules & Regulations for Parents & Athletes

- I will not be involved in any matter of disrespect towards any members of the FX staff, Team Moms, parents or students.
- Anyone threatening to quit or pull their child from the team, may be dismissed from the program.
- I understand that I cannot create or sell my own FX apparel. FX own the rights to the name and logo. All ideas for apparel must be emailed and approved by us. This includes the use of team names on designs.
- I will not participate in negative gossip or communications that adversely affect FX. This includes, but is not limited to Facebook, Instagram, Twitter, Snapchat, GroupMe, TikTok, or other apps/sites.
- I will not post any FX music, choreography, routines, stunts, etc. on any websites or social media platforms.
- I will maintain and/or improve the skills I performed at tryouts through hard work and dedication.
- I understand that only perfected skills will be choreographed into a Cheer FX routine.
- I will not hold or threaten to hold my child from practices or competitions as a form of punishment.
- I will conduct myself with respect and integrity, displaying positive sportsmanship at all times.
- I will abide by my team's hair and makeup policy.
- I will not hold Cheer FX responsible for any lost or stolen items.
- I will not use inappropriate language in practice, at events, or at any time while representing Cheer FX, or while in Cheer FX attire.
- I understand that bullying is never acceptable and is strictly prohibited. Should I be found bullying, I understand that I may be at risk for removal from my team.
- I understand that I am making a full season commitment. I will honor my commitment.
- I understand that the parent viewing area should be a positive place and I may be prohibited from using it if I cannot maintain a positive attitude.
- I understand that uniforms are to be used only at competitions and should only be worn by FX athletes. I will take care of my uniform or I will be responsible for replacing damaged/dirty uniforms.
- I understand that competitions and exhibitions are mandatory performances.
- I understand that cheerleaders, parents, relatives and friends are never allowed to contact competition companies or their officials for any reason. Please contact FX if you have questions or comments relating to competition companies or their officials.
- I have read the entire 2025 – 2026 FX Cheerabilities All-Star Packet and will abide by its contents.

Parent/Guardian Signature: _____ Date: _____

**Registration Form**

Athlete's Name:		DOB:	
Home Address:	City:	Zip:	
Billing Email:		Athlete's Sex: <input type="checkbox"/> Female <input type="checkbox"/> Male	
Mother's Name:		Cell:	
Father's Name:		Cell:	
Emergency Contact:		Cell:	
Medical Conditions/Allergies:			
Do you cheer for your school? <input type="checkbox"/> Yes <input type="checkbox"/> No If Yes, will you be competing with your school? <input type="checkbox"/> Yes <input type="checkbox"/> No			
<p style="text-align: center;">By signing this document, you are waiving certain legal rights. Please read this document carefully before signing.</p> <p style="text-align: center;"><u>Release, Waiver and Indemnity</u></p> <p>I, _____, ("Releasor") the parent or legal guardian of the above named athlete hereafter referred to as ("Athlete") do hereby permit the Athlete to participate in programs, competitions, gymnastics, tumbling, cheerleading, or any other physical activity while a student at Cheer FX, or its affiliates hereinafter referred to as "FX". By granting permission for "athlete" to participate in programs at "FX" or in which "FX" is participating elsewhere.</p> <p>In consideration of student being permitted by FX to participate in the above activities, Releasor agrees to the following terms and conditions:</p> <p>I understand there is personal risk involved in any activity that involves motion, height or rotation and that these activities can result in serious injury, death, or disability.</p> <p>I declare "athlete" has been seen by a physician and is cleared to participate in physical activities such as gymnastics, cheerleading and tumbling.</p> <p>I authorize "FX" to use photographs, videos, and/or other likenesses of "student" for use in "FX" promotional materials and sales, and wave any rights of compensation or ownership thereto.</p> <p>I understand the first month's tuition will be required to be paid in full when registering for classes/activities at "FX". I understand that I must give written notice on or before the 1st day of the month, one month prior to dropping any class/activity at "FX". Furthermore, I understand that if I do not provide "FX" this notice in writing, my tuition will be forfeited.</p> <p>I understand that "FX" does not refund tuition for any reason.</p>			

**Payment Policy**

I understand I am required to keep a current credit card on file with "FX", and that I am required to complete a credit card authorization form. If my credit card on file expires or I wish to place a different credit card on file it is my responsibility to do so before the 1st day of the month.

All charges for cheer at "FX" are billed on or about the 1st day of each month and become due immediately. Customers have until the 3rd day of each month to pay the balance due on their account via cash, check, etc. All amounts remaining due on the 3rd day of the month will be charged to the credit card on file for the account. Any accounts with a balance due after the 3rd day of the month will automatically be charged a \$25.00 late fee, and the athlete(s) associated with the account may be withheld from participating in activities at "FX". This includes accounts in which the credit card transaction on their account is declined.

I understand that any check/money order returned unpaid for any reason will incur a \$25.00 return fee and a \$25.00 late fee.

RELEASOR HEREBY FULL RELEASES AND FOREVER DISCHARGES "FX" and each of their owners, employees, representatives and insurers, of and from any and all liability to Releasor for any damage to or loss of athlete or releasor's property, injury, or death arising directly or indirectly out of athlete's participation in programs, activities or use of FX's facilities, INCLUDING ANY SUCH DAMAGE OR LOSS THAT IS CAUSED BY AN ACT OR OMISSION ON THE PART OF FX, WHETHER OR NOT SUCH DAMAGE OR LOSS ARE CAUSED OR CONTRIBUTED BY THE SOLE, GROSS OR CONCURRENT NEGLIGENCE, OMISSION, STRICT LIABILITY, WILLFUL MISCONDUCT OR FAULT OF FX AND WHETHER OR NOT CAUSED BY A PRE-EXISTING CONDITION.

RELEASOR FURTHER AGREES TO INDEMNIFY, DEFEND, AND HOLD HARMLESS "FX" for, from and against any and all liabilities, damages, claims, lawsuits, costs (including court costs, attorney's fees and costs of investigation), and actions of any kind or description, including claims or suits brought by Releasor or a third party (collectively "claims") (including any claims which arise by reason or indemnification or assumption of liability contained herein for any damage to or loss of athlete's property and injury to or death of athlete arising directly or indirectly out of athlete being granted access or use of FX facilities or participation in programs and activities INCLUDING ANY CLAIM FOR DAMAGE, LOSS, INJURY OR DEATH THAT IS CAUSED BY AN ACT OR OMISSION ON THE PART OF FX, WHETHER OR NOT SUCH CLAIM FOR DAMAGE, LOSS, INJURY OR DEATH ARE CAUSED OR CONTRIBUTED BY THE SOLE, GROSS OR CONCURRENT NEGLIGENCE, OMISSION, STRICT LIABILITY, WILLFUL MISCONDUCT OR FAULT OF FX AND WHETHER OR NOT CAUSED BY A PRE-EXISTING CONDITION.

This release, waiver and indemnity shall be governed by and constructed in accordance with the laws of the State of Texas (exclusive of any principles of conflicts of laws which would direct application of the substantive laws of another jurisdiction). Venue for any dispute which arises in connection with this release, waiver and indemnity shall be in Jefferson County, Texas.

I have read, understand and execute this release, waiver and indemnity:

Signature: _____ Date: _____

Email: _____



Credit Card Authorization Form

Card Holder Information

Athlete's Name: _____

Name on Card: _____

City: _____

State: _____

Zip: _____

Payment Authorization

Card Type: ☐ Visa ☐ Mastercard

Card Number: _____ - _____ - _____ - _____

Expiration Date: _____

Card Identification Number: _____



Please reference the picture to the right for the location of this number on your card (CVV2). 2 digits on back.

I/We hereby authorize Cheer FX or its affiliates to charge this credit card on a monthly basis for the amount due on our account. My/Our credit card will be charged on or about the 18th day of each month for the amount due. If necessary, Cheer FX may initiate credit adjustments for any charges made in error. Cheer FX may also charge my card for periodic miscellaneous charges at my request. This authorization is to remain in full force and effect until Cheer FX has received written notification from me (or either of us) of termination of service in such time and such a manner as to afford Cheer FX reasonable opportunity to act upon it. Written notice may be provided either to the address or email above.

Signature: _____ Date: _____

Email: _____

Payment Policy

All package payment charges at Cheer FX are billed on or about the 1st day of each month and become due immediately. Customers have until the the 3rd of each month to pay the balance due on their account by cash, check, etc. All amounts remaining after the 3rd day of the month will be charge to the credit card on file for the account. Any accounts with a balance due after the 3rd day of the month will automatically be charged a \$25.00 late fee, and the athlete(s) associated with the account may be withheld from participating in activities at Cheer FX. This includes accounts in which a credit card transaction on their account is declined for any reason.



Co-Parenting Agreement

We agree to support our child(ren)'s position in the Cheer FX All-Star Program. We also agree that neither of us will sign our child(ren) up for any activity that conflicts with the Cheer FX team schedule. It is important to our child(ren) to participate in extra-curricular activities, and we agree to cooperate with each other to make sure this is possible. If either parent does not bring their child(ren) to practice/competition, the athlete may be removed from the team, or our gym altogether and be liable for all package payments.

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Parent Signature:	Parent Phone Number:	Date:
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